



UC Riverside Psychology Department: Diversity, Equity, and Inclusion (DEI) Newsletter

December 1st, 2020

Issue 3

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December Days to Remember:

12/1 – World AIDS Day

<https://www.worldaidsday.org>
<https://www.cdc.gov/worldaidsday/index.html>
<https://www.hiv.gov/events/awareness-days/world-aids-day>



12/3 – International Persons with Disabilities Day

<https://www.un.org/en/observances/day-of-persons-with-disabilities>



12/10 – International Human Rights Day

<https://www.un.org/en/observances/human-rights-day>



Important Links & Events:

12/4 – Decolonial Approaches to Scholarship & Pedagogy

- 12/4, 11-12pm
- Register [HERE](#)

Inclusive Virtual Environments: A Conversation about DEI

- 12/18 @ 1pm
- Register [HERE](#)

Standing Together:

Transgender Day of Remembrance (November 20th)

We at UCR would like to respectfully honor the memories of transgender individuals whose lives were lost due to acts of anti-transgender violence. In memory of Rita Hester, a transgender woman who was killed in 1998, the **Transgender Day of Remembrance (TDOR)** began in 1999 to honor the lives of our transgender brothers, sisters, family, and friends. Today, UCR is committed to creating a campus climate of mutual respect and communal vision, with resources such as the LGBT Resource Center available to provide support, education, and advocacy regarding sexual orientation, gender identity, and expression for our community and beyond. The LGBT Resource Center continues to offer resources virtually despite the campus closure – for more info, please visit out.ucr.edu. To learn more about TDOR, please visit www.GLAAD.org/tdor.

Election 2020: Milestones Towards Equality



Sarah McBride – Delaware (D)

- First transgender state senator to be elected in United States history (won 70% of her state’s votes!)
- Current National Press Secretary of the Human Right Campaign (LGBTQ advocacy group)



Taylor Small – Vermont (D)

- First openly transgender member to be elected to the Vermont state legislature as a member of the House of Representatives
- Current director of the health and wellness program at Pride Center of Vermont



Stephanie Bvers – Kansas (D)

- First openly transgender Native American woman to be elected to the Kansas state legislature as a member of the House of Representatives
- Member of the Chickasaw Nation indigenous of the Southeastern Woodlands of Southern Oklahoma



Visit the UCR Psychology DEI Website for other news and updates!

<https://psychology.ucr.edu/diversity-and-inclusion/>

Ask the Expert: Managing Anxiety Through the Holiday Season (2020)

<https://msutoday.msu.edu/news/2020/holiday-stress-tips>

Past Events:

Becoming an Ally and Co-Conspirator in Developmental Science (11/18)

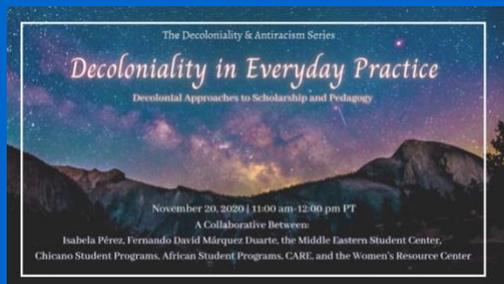
UCR's own Dr. Diamond Bravo, PhD was invited to speak as a panelist for the *Anti-Racist* series of the Society for Research in Child Development (SRCD).

Where are Race, Ethnicity, and Culture in Personality Research? (11/19)

Moin Syed, PhD, University of Minnesota, Twin Cities. Invited speaker to the S/P weekly brownbag discussing the necessity of integrating race, ethnicity, and culture into personality psychology.

Decolonial Approaches to Scholarship and Pedagogy (11/20)

Discussed processes of integrating decolonial perspectives as a student into our own scholarship and pedagogy to create a more inclusive and intercultural society



January DEI Spotlight

To nominate a deserving student or scholar who conducts research on topics related to DEI or social justice and/or who represents the outstanding work of BIPOC scholars, please complete [this](#) form.

Contact Us

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Inclusivity, Family, & the Holidays

Resources for navigating conversations during the 2020 holiday season:

- 1) [Living with Difference: Navigating the Political Divide](#)
- 2) [7 Strategies for Dealing with Political Debates Over the Holidays](#)
- 3) [Therapists Give Tips on Talking Politics and Pandemic with Family](#)
- 4) [How to Survive the Holidays During a Time of Grief](#)

Faculty & Student Spotlight



The Zhang Lab

(feat. Gabriela Macias, Hyung-Bum Park, Lilian Azer, & Dr. Weiwei Zhang)

We are pleased to spotlight Gabriela Macias (3rd year undergraduate), Hyung-Bum Park, Lilian Azer, Dr. Weiwei Zhang, and the Zhang Lab for their contributions toward the promotion of diversity, equity, and inclusion through undergraduate outreach and their work on implicit racial attitudes. Recently, the Zhang Lab's has explored the prevalence of implicit racial attitudes toward Chinese and Asian individuals in light of the COVID-19 Pandemic. Moreover, the Zhang Lab has continued to actively promote undergraduate outreach and involvement through the dissemination of knowledge and participation in events such as the R'PSYC 2020 undergraduate research conference, offering opportunities for students to learn more about research and get involved.

To learn more or get involved in the Zhang Lab, visit <https://memory.ucr.edu>.

Recommended Readings and Resources:

- Schuster, M. A., Reisner, S. L., & Onorato, S. E. (2016). Beyond bathrooms – meeting the health needs of transgender people. *New England Journal of Medicine*, 375, 101-103.
- Galupo, M. P., Henise, S. B., & Davis, K. S. (2014). Transgender microaggressions in the context of friendship: Patterns of experience across friends' sexual orientation and gender identity. *Psychology of Sexual Orientation and Gender Diversity*, 1, 461.
- [GLAAD Transgender Resources](#)
- [Action Tips for Allies of Trans People](#)
- [Voices of Transgender Students](#)
- [Key Concepts for Understanding LGBT Identity Development](#)

Local Food Banks & Toy Drives (Riverside/Inland Empire)

- <https://www.riversidecitymission.org/mealticket>
- <https://www.hopecollaborative.org/hope-for-the-holidays>
- <https://campen-4th-lar-ca.toysfortots.org/local-coordinator-sites/lco-sites/default.aspx?nPageID=100&nPreviewInd=200&nRedirectInd=3>
- <http://riversidefoodrescue.com>

